Guidelines for Family Members and People in Crisis

Child & Family Related Resources

Food Assistance

Transportation

Housing Assistance

Financial Assistance

Legal Resources

Medical Assistance
Emergency Help

Call the Help Center's 24-hour crisis line: 211 or 406-586-3333.

Text "MT" to 741-741 for crisis support

If there is an immediate safety concern, call 911 and ask for a Crisis Intervention Trained (CIT) Officer. CIT officers/deputies are trained in helping with mental health crises.

If the person in crisis is over 18 years old, you can go to the Emergency Department at your nearest hospital

OR

to the Hope House in Bozeman at 701 Farmhouse Lane or call them at 406-585-1130

If the person in crisis is under 18 years old, please go to your nearest Emergency Department at your closest hospital, and ask for the Crisis Response Team.

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Crisis Intervention Questions to Ask

SUICIDAL OR DEPRESSED?

Directly ask is person suicidal.

Is there a specific plan?

Do they have access to this plan?

Is the person in a safe place? Is someone with them?

-The Help Center 211/406-586-3333
-
Hope House 406-585-1130
-
Law Enforcement/EMS 911 * ask for a CIT Officer

ALCOHOL OR DRUGS?

What behaviors is the person exhibiting?

What did they take or use?

How much did they consume?

Is the person aggressive/suicidal?

BIZARRE/AGGRESSIVE BEHAVIOR?

Has the person behaved in a manner that would inflict harm?

Has the person made any threats? What is the nature of the threat?

Has the person consumed any alcohol or drugs?

Is the person taking any medications?

Is the person hearing, seeing, or smelling anything unusual?

Does the person appear to be talking to themselves or no one?

Does the person appear frightened, angry, agitated or depressed?

-ASPER Adult Support Promotes Education Network (Livingston) 406-232-5902
-
HAVEN Domestic Violence Shelter (Bozeman) 406-582-2038
-
The Help Center 211/406-586-3333
-
Hope House 406-585-1130
-
Law Enforcement/EMS 911 * ask for a CIT Officer

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Behavioral Health Services

AWARE - Adult & Children's Behavioral Health Services 406-587-1181
Community Health Partners - Counseling & Behavioral Health 406-585-1360
Eating Disorder Center of Montana 406-451-7720
Gallatin Mental Health Center
Out Patient Services, Day Treatment, Drop-in Center 406-586-6500
Greater Gallatin United Way - Variety of Services 406-587-2194
Help Center - 24 Hour Crisis Line and Suicide Outreach - Information & Referral Network 406-232-5902
Hope House Crisis Stabilization - impatient Crisis Stabilization 406-585-1130
HRDC - Housing and Energy Help, Tenant Program 406-587-4486
L'esprit - School and Community Treatment 406-222-7641
Livingston Mental Health Center - Mental Health America of Montana montanamh.org 406-585-3120
Montana Independent Living Project 406-522-7300
Montana Peer Network 406-585-1058
Montana Suicide Prevention Lifeline 1-800-273-8255
Montana Warm Line - non-crisis support line - montanawarmline.org 406-588-3377
MSU Human Development Clinic - Low-Cost services Adults, Children, Couples & Families 406-994-4113
MSU Counseling & Psychological Services (MSU students, staff & faculty) 406-994-4531
National Alliance for the Mentally Ill 406-643-7871
Bozeman: naminmt.org 406-585-8999
Livingston: naminlcm.com 406-224-2889
Open Arms Drop-in Center - Peer-to-Peer Support 406-556-6508
MSU Life 12pm-4pm - Doors are locked for 9pm Recovery Group that is open to all 406-586-5813
Salvation Army 406-866-0328
State Addictive & Mental Disorders Reform Line 406-444-4969
Substance Abuse & Mental Health Services Administration 877-726-4727
Veteran Administration (PsychCare & Medications) 800-827-1900
Voice Center - MSU Sexual Assault Crisis Line 406-994-7069
Winds of Change Mental Health Center 406-541-4075
Youth Dynamics, Inc. - Children's Behavioral Health Services 406-585-9402

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WINDS OF CHANGE
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GALLATIN COUNTY COMMISSION
www.gallatin.mt.gov