

MENTAL HEALTH LOCAL ADVISORY COUNCIL Meeting Minutes – February 22, 2021

IN ATTENDANCE:

<u>Voting Members Present</u>: Brea Hume, Tom Peluso, Joe Skinner, I-Ho Pomeroy, Cyndi Schoep, Dani Stack

Non-Voting Members Present: Linda Gabel

<u>Voting Members Absent:</u> Susan Gregory, Shirley Kaufman, Molly Basta, Michael Foust, Vickie Groeneweg, Shelly Johnson, Matt Kelley, Chelsey Pengra, Andrea Lower, Dezei Rochin, Amanda Fahlstrom, Geary Zale, Perrin Lundgren

Staff: Sarah Gracey

Welcome and Introductions: Ms. Gabel introduced herself to the group. Her experience with mental health started with the death of her son. She joined the Larimer Center of Mental Health and worked with them for 7 years. As well as their county health department early intervention task force, which worked to connect the community with resources for mental health. She wanted to do something to help the parents going through helping their children with mental illness. She has a holistic approach of treating mental illness. She has used powerful tools such as a scripted program developed by Stanford for caregivers for people with Alzheimer's. Ms. Hume gave a brief introduction of herself and her time on the MHLAC. Ms. Schoep spoke about her time as a consumer of mental health services and her experience on the MHLAC. Ms. Stack spoke about being a consumer and mental health provider in the Bozeman area. Mr. Skinner introduced himself as a Commissioner, member on the WMMH, Sheriff's office liaison, and member of the Board of Health. Ms. Pomeroy is interested in mental health and the homeless population as a City Commissioner. Mr. Peluso introduced himself and spoke about his history with NAMI, governor appointed council MOAC?, His desire is to reengage with the community.

Ms. Hume has concerns with the drop off of attendance from the Western Montana Mental Health group.

Printing of the resource guide has been offered by the state for free, plus the \$500 for translation from Geary Zale with BCBS. Mr. Peluso will take point on following up with this.

Meeting adjourned.

Next Meeting: March 15, 2021

Account Balance Currently: \$584.70