



MENTAL HEALTH LOCAL ADVISORY COUNCIL

Meeting Minutes – May 13th 2019

Voting Members Present: Nancy Filbin, Susan Gregory, Shirley Kaufman, Dr. Donna Kelsch, Tom Peluso, Lori Reynolds, Michael Foust, Matt Kelley, Joe Skinner, I-Ho Pomeroy, Chelsey Voegelé, Andrea Lower, Breanna Hume

Non-Voting Members present: Rebecca Adams, Danica Jamison, Betsy Asserson, Rowen Schuler, Vince Camillo, Dezri Rochin, Erica Kotick, Kelsea Pelletier, Leann Bryant

Voting Members Absent: Molly Basta, Renee McLendon, Alicia Smith, Vickie Groeneweg, Shelly Johnson, Chelsey Pengra, Hannah Wilson, Cyndi Schoep

Staff: Stephene Kamerman

Welcome and Introductions: Ms. Hume called the meeting to order, calling for introductions around the room.

Approval of Minutes for April 8, 2019: Ms. Reynolds made a motion to approve the March 2019 minutes as presented. Commissioner Skinner seconded the motion. All voted aye. Motion carried.

Old Business

- a. **Acceptance of CSAA Grant:** Ms. Hume reviewed the grant application, in which we applied for \$1,750. We were granted \$3,500. There are a few options that we can proceed with:
 - a. Accept only the requested amount.
 - b. Accept the full amount to fund the entire project, which would require denying other community partners of their part.
 - c. Use \$1,750 of the grant now and \$1,750 of the grant at a later date for additional printing or future planning?

Ms. Lower clarified that we could use the funds for the resources guides next year as well as this year, but thinks it is a good idea to stick to the requested purpose. Ms. Filbin stated that the total expense is \$4,064. We have contributions from the community to total for all but \$564, which will come from the LAC. This would include coverage in West Yellowstone, Big Sky, Bozeman, and Belgrade as well as 17,500 in overprints. The 8.5 x 11" prints would need to be reformatted to be printed properly. The chronicle will not be able to directly quote prints of those without review of the file. A huge thanks Ms. Jamison and Ms. Filbin for the beautifully polished and finished product that we have to distribute. Discussion continued regarding previous conversations with the hospital that is willing to distribute either size. Mr. Peluso boasted his participation in the mini grant process and CSAA, the main funder of the LAC. He stated that it would be foolish not to accept the entire grant. Additional funds will be available toward the end of June. **Mr. Peluso made a motion to accept the full grant from CSAA, using the leftover funds wherever needed within the LAC.** Ms. Hume referred to the grant application that says we will be using the funds for resource guides. Mr. Peluso stated that the LAC should use the funds as they see fit. **Ms. Kaufman seconded the motion.** Discussion continued regarding the other contributions coming from other community

sources and whether to use the funds as presented or deny their participation. Mr. Kelley stated that the grant funds that he has currently available for the benefit of the social and emotional needs of children and families may not be available in the future. Ms. Asserson agreed, adding that the community involvement in the project is beneficial for all. Ms. Hume suggested that we use the left over funding for next year's resource guide. **Mr. Peluso amended his motion to reflect the left over funds to be used toward other resource-guide related expenses. Ms. Kaufman seconded that motion as well. All voted aye. Motion carried.**

- b. Resource Guides: The total cost of the resource guide printing is \$4,064, which includes 17,000 in over runs. Discussion continued regarding the opportunity to use sponsored funds for the printing. Ms. Filbin suggested that we keep our sponsors and sponsorships in place for this run. Mr. Peluso requested a final proof of the resource guides, to which Ms. Jamison passed around for further comment. Ms. Filbin stated the LAC would be responsible for \$564 in printing expenses. She went on to request feedback regarding which day would work best for distribution. Sunday's issue has an additional 2,000 papers distributed. It was agreed that Sunday would be most beneficial. Mr. Peluso requested a smaller file size of the document for ease of distribution and a more common size for brochure stands. Ms. Kaufman stated that in order to reduce the file size, some information would have to be left off, as the fonts would be too small to read. Ms. Jamison stated that the refiguring of the document to accommodate a smaller file size would not be a possibility through United Way, as the document has consumed copious amounts of donated time. It may be possible for the hospital to reformat the document as they have able graphic designers and seem to be the requesting entity. Discussion continued regarding the possibility to create a stapled book next year as opposed to a tri-fold.

New Business

- a. Ms. Donna Kelsch announced that she will be resigning her position as a voting member of the LAC due to ongoing health issues. She would like to still attend the meetings and advocate for children and families. Ms. Hume stated that applications for her family/consumer position are being accepted. The position will be advertised for 30 days, following with the commission appointment.

Committees

- a. Criminal Justice: Ms. Lower stated that they will be meeting after the LAC meeting in room 301. The white cards have turned out great, and are available for distribution. Discussion regarding how to distribute will take place in the Criminal Justice Meeting.
- b. Co-Occurring Disorders: Anyone interested in joining this group, please contact Ms. Johnson.
- c. Children and Family: Ms. Voegelé stated that they are investigating gaps in services to identify levels of care available at determined distances.
- d. Education and Awareness: Ms. Reynolds stated there will be a Family and Friends class at the library on the 18th. A community resource fair was held last Saturday with good turnout and great takeaways for next year. She went on to describe a new roll that she has taken on as a community information source. She is hosting an email subscription called "What's Happening in Gallatin County" with a calendar and social media following. Ms. Jamison requested feedback on what sort of audience she is looking to attract. Ms. Reynolds stated that she would like to target everyone and all waves. She is also looking for members to join her in these efforts.

Mr. Peluso announced an Assist Training that will take place in Helena. They are looking for nominations for a sponsorship from Gallatin County and have not received any feedback. Ms. Hume requested that Mr. Peluso wait until short announcements for this item. He went on.

- e. Legislative: Mr. Foust explained the accomplishments that took place in the recent legislative session. A bill was passed in support of a mobile crisis unit. Mr. Foust explained the originating bill and how it was edited properly to reflect the needs of local law enforcement to work with mental health professionals for the best outcome. RFP's for the response will be distributed in October.

Public comment:

- a. Ms. Bryant from Providence reintroduced herself and her providers and spoke about their new mental health center, how it is a strength based program where families, couples, and individuals can come and receive individualized treatment and then have their therapists work together on supporting the family unit as a whole. They specialize in a strength based, trauma informed model and all therapists are taking new clients.
- b. Ms. Jamison from United Way spoke about Strength Based Suicide Awareness seminar and training at MSU towards the end of the month (I believe, she is getting me more info on this). It will be a free to public seminar Thursday and then a \$100 Friday Training.

Short Announcements:

- a. Ms. Hume announced that Agenda Items that are wanted for the upcoming meeting need to be emailed to her by no later than 5pm the last Wednesday of the month. Anything after will be set to the following month barring any time sensitive topics. Additionally, for the weekly emails, items wanting to be included need to be send to the Gallatin LAC email by 5pm each Wednesday with the same stipulation for time sensitive material.

Next Meeting: June 10, 2019