



## MENTAL HEALTH LOCAL ADVISORY COUNCIL

### Meeting Minutes – April 8<sup>th</sup> 2019

**Voting Members Present:** Nancy Filbin, Molly Basta, Tom Peluso, Lori Reynolds, Shelly Johnson, Commissioner Joe Skinner, Commissioner I Ho Pomeroy, Andrea Lower, Breanna Hume,

**Non-Voting Members present:** Rick Gale, Danica Jamison, Edward Sypinski, Betsy Asserson, Rowen Schuler, Vince Camillo, and Dave Wysoski

**Voting Members Absent:** Shirley Kaufman, Renee McLendon, Alicia Smith, Michael Foust, Matt Kelley, Chelsey Voegelé, Andrea Lower, Cyndi Schoep

**Staff:** Stephene Kamerman

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**Welcome and Introductions:** Ms. Hume called the meeting to order, calling for introductions around the room.

**Approval of Minutes for March 11, 2019:** Ms. Reynolds made a motion to approve the March 2019 minutes as presented. Commissioner Skinner seconded the motion. All voted aye. Motion carried.

#### **Old Business**

- a. **Resource Guide Update/Reprint:** Ms. Filbin distributed an overview of the cost of printing the resource guide. Mr. Peluso requested that the guide be distributed at a smaller version, adding that the smaller format would be more beneficial to everyone. Discussion ensued regarding the other options for distributions than the newspapers. Ms. Hume suggested that we look into printing a smaller size. Mr. Peluso suggested that we look into quantities. Last time, we printed 30,000 over runs. Ms. Jamison suggested that we investigate which size the agencies were to receive. Mr. Peluso suggested we print an additional 25% for distribution. Mr. Coburn would like to investigate if the hospital would print the smaller version in house. **Mr. Peluso moved to table the resource guide reproduction until the next meeting.** Commissioner Skinner suggested that we allow the executive committee a certain dollar amount allowance. Ms. Filbin applied for \$1,750 in funding from the CSAA Grant. The LAC currently has \$3,044.01 in the checking account. Other contributions for the resources guides include: \$500 from MSU, \$500 from County Health, and \$500 from the hospital. **Commissioner Skinner moved to print overruns through the Chronicle with the funding from outside sources and the LAC upto \$1,000 with the executive committee making the decision on how many and what size. Shelley second.** Mr. Peluso stated that we can expect upto \$2,000 in additional expenses toward the end of June. **All voted aye. Motion carried.** Mr. Gale suggested that we change “Veteran’s Administration” should be changed to “VA Clinic”, which is widely known throughout the community. Ms. Hume also suggested adding Providence Mental Health.

#### **New Business**

None

## **Committees**

- a. Criminal Justice: Ms. Lower stated that no meetings have occurred due to absences and illness.
- b. Co-Occurring Disorders: Ms. Johnson stated that they are currently working with many individuals with co-occurring disorders. They are investigating the possibility to cross train.
- c. Children and Family: Ms. Voegelé emailed the following: 3/25/19 @ 12:00pm. Members Present: Chad Berg, Donna Kelsch, & Chelsey Voegelé. Discussed the Inventory and Gap Analysis that had been shared via google docs with the Child & Family MHLAC Subcommittee. Reviewed the inventory and gap analysis and had some questions answered regarding CSCT services and suicide prevention services in the school setting. Discussed Safety Grant running out at the end of the school year for Bozeman School District, and potential plans to address the changes that will happen. Discussed what the subcommittee group's goal is with the inventory and gap analysis and plan for sharing the information. Discussed putting the inventory into a Tier 1, Tier 2, and Tier 3 format, as well as identifying the radius for services. The group discussed bringing this information to the LAC, and looking into publishing the information for others. Discussed gaps in services and questions about who will fill the gaps, as well as investigating gaps that the Gallatin County area has for Child & Family services that other areas in the state do not have, and looking into what would be needed for those services to be provided in the area. Discussed Child & Family MHLAC Subcommittee continuing to meet on the fourth Friday of the month at noon at the Bozeman YDI Office at 1609 W Babcock, so the next meeting will be April 22<sup>th</sup>, 2019 @ 12p.
- d. Education and Awareness: Ms. Reynolds stated that no meetings have taken place, but a Family and Friends Seminar will be happening next month.
- e. Legislative: Mr. Peluso stated that Medicaid expansion is being heard, generally with both party's support.

## **Public Comment & Short Announcements**

- a. Ms. Asserson stated that on Wednesday Night in Inspiration Hall, MSU will be hosting a speaker regarding help seeking and mental health assistance.
- b. Ms. Basta stated that a community member approached her, requesting that the LAC upkeep and maintain a list of for a list of community based support groups. Discussion continued regarding the continual updates that would be required and how this may not be an LAC/resource guide item. There are several organizations that already keep this sort of list, including NAMI or 211.
- c. Ms. Reynolds would like to plan what to do with Mental Health Month, which is in May. She offered to create a printable calendar to send out to the public. Mr. Peluso stated that he will be having a planning meeting for Mental Health month on Friday. Ms. Hume suggested that we contact Providence Mental Health as well. Ms. Adams asked if we have any trained Mental Health First Aid Individuals in the county. Mr. Coburn is trained. MSU also has 2 with others as well.
- d. Commissioner Pomeroy asked if the LAC receives funds through Give Big? We are not a non-profit or for profit organization, so we may not qualify.

- e. Commissioner Pomeroy also asked if any updates were available on the Hope House. Mr. Peluso responded that Western Montana Mental Health was undergoing extensive restructuring.
- f. Ms. Hume requested that all agenda items need to be sent in two Fridays before the next meeting to make it on the agenda.
- g. Ms. Jamison announced a Conference on Suicide Prevention Conference will be hosted in Helena in June. This will have a special focus on Suicide and Men.
- h. Commissioner Pomeroy asked if ribbons will be put up around town in May. Discussion continued regarding the necessary permissions to do so.
- i. Mr. Gale congratulated Ms. Voegelé for the recognition she received for her continued service with Youth Dynamics and receiving a Citizen of the year award through the Elks Lodge.
- j. Mr. Coburn stated that registration is open for a Mental Health First Aid Training in Big Sky. The \$25 includes lunch and a work book. He will email this and the West Yellowstone class information.
- k. Mr. Peluso stated that CSAA “Agenda to Assist” training on a suicide prevention workshop will be offered in Helena, of which two sponsored individuals can attend from each county. – CSAA Agenda to Assist training offered to all 15 counties. Allow and sponsor two people from each county. He requested recommendations from the LAC on who should attend.

**Next Meeting: June 10, 2019**