



MENTAL HEALTH LOCAL ADVISORY COUNCIL

Meeting Minutes – March 11th 2019

Voting Members Present: Nancy Filbin, Susan Gregory, Dr. Donna Kelsch, Molly Basta, Tom Peluso, Lori Reynolds, Michael Foust, Vickie Groeneweg, Shelly Johnson, Commissioner Joe Skinner, Commissioner I Ho Pomeroy, Chelsey Voegelé, Breanna Hume

Non-Voting Members present: Rick Gale, Danica Jamison, Edward Sypinski, Betsy Asserson, Rowen Schuler, Ryan Mattson, Dezri Rochin, Jonathan Bateman, Kristen Vardanega, Roseann Gerl, and Andrew Yoder, Beth Sir

Voting Members Absent: Shirley Kaufman, Renee McLendon, Alicia Smith, Michael Foust, Matt Kelley, Chelsey Pengra, Andrea Lower, Cyndi Schoep

Staff: Stephene Kamerman

Welcome and Introductions: Ms. Hume called the meeting to order at 12:08 PM, calling for introductions around the room.

Approval of Minutes for February 11, 2019: Ms. Johnson made a motion to approve the February 2019 minutes as presented. Dr. Donna Kelsch seconded the motion. All voted aye. Motion carried.

Approval of Minutes for November 14, 2018: Dr. Kelsch made a motion to approve the November 2018 minutes as presented. Ms. Filbin seconded the motion. All voted aye. Motion carried.

Public Comment:

- a. Mr. Sypinski announced a new program for prevention support services (Parentingmontana.org) this is a social media campaign in prevention, education, services offered. There are informational cards available to everyone. DPHHS is looking at 5 areas: binge drinking, marijuana use, underage use, and so on. Mr. Peluso requested feedback on Mr. Sypinski's funding for his position, clarifying that this is not a county funded position. He specified that the county should have input on Mr. Sypinski's position. Ms. Hume suggested Mr. Sypinski will provide a presentation for the LAC in May, to which is graciously agreed.
- b. Ms. Sir is a Family Nurse Practitioner that does volunteer work in Bozeman. She stated that she is not familiar with all discussed in this committee, but would like to address some of the obvious needs. During her time working in Helena, there was considerable traffic from the Bozeman area that flooded their facilities. She stated that Helena facilities are currently operating at 98% capacity. She went on to collect statistical information regarding mental health services offered throughout the state, which further described the lack of mental health services offered in Bozeman. She continued to describe the current health facilities in Bozeman, stating that \$75 Million for a new facility without these services is not to be considered "charitable." She stated that people in crisis should be offered full services to rule out infection, brain tumors, diabetes, and so on. She knows patients that are very sick and we are discriminating against this brain illness. Mr. Peluso requested that this information be distributed to the group, explaining that he feels charged. Ms. Jamison responded for many

individuals represented in this ground, requesting that further commentary be addressed later.

- c. Danika would like everyone to be aware of 211, distributing informational flyers.
- d. Mr. Bateman is a Consumer and Provider new to the group and just back to town. He offered himself as a resource for all.

Short Announcement and Updates:

- On behalf of Matt Kelley, Ms. Hume announced that Medicaid related bills will be heard this week in the Legislative hearings. There are about 6,500 Medicaid expansion recipients in Gallatin County. He is requesting anyone interested in testimony please contact him for a ride over in a van with other supporters. Travel expenses will be covered.
- Ms. Houghton would like to request stories from Medicaid recipients for their feedback. Ms. Filbin thanked Ms. Houghton.
- Mr. Gale commented on the Heart Initiative regarding Human Trafficking conference that was recently conducted.

Old Business:

- a. Reprint Crisis Cards Funding: Mr. Mattson updated the group on the initial printing of the crisis cards. There were 500 printed for \$387, most of which are distributed. Everyone seems to appreciate the reduction of fear with regards to crisis services. The card includes services to contact and a brief description on access points and evaluation services amongst service providers/responders. There is no name on the front for agency as this is meant to be a community card. He will gladly provide a PDF upon request. Ms. Hume stated that she has seen this in the emergency room for discharge efforts. Mr. Mattson is hopeful to have as many as possible, no less than 500 in the next round of printing. He will continue to investigate alternative printing options for the most cost effective approach. Mr. Peluso stated that we should be looking at distributing these to providers. Mr. Peluso suggested that the LAC apply for a mini grant through the Central Service Area Authority, to which he is the treasurer. Discussion continued regarding whether the LAC should request 1,000 cards or \$1,000 of printed cards. Mr. Peluso made a motion to apply for \$1,000 in printing costs from the Central Service Area Authority. Commissioner Skinner seconded the motion to continue the conversation. He clarified that the grant would be funded through the CSAA, not the LAC. Mr. Peluso informed Ms. Hume that she would be applying for the grant. Ms. Basta suggested that we take Ms. Jamison's previous advice to investigate printing quantities and costs for the best value prior to deciding on a dollar amount. Dr. Kelsch made a motion to add \$1,000 from the LAC's budget for additional printing. Mr. Peluso reminded Dr. Kelsch that he had a motion on the table. Ms. Hume suggested continuing this discussion to next month, when more information is available. Everyone agreed.
- b. Resource Guide Update/Reprint: Ms. Jamison distributed several copies of the updated resource guides for review and comments. She stated that the Bozeman Daily Chronicle has agreed to distribute 30,000 copies of the guides, 4,500 of which go to the Belgrade News. They have agreed to run 12,500 in overprints for LAC distribution for a total cost of \$3,200. Like last time, we will be looking for outside funding to help pay for the distribution. Ms. Kamerman suggested that we double the amount of overruns available for distribution as they were in high demand. Ms. Jamison would also like to add the edition year for a reference. Mr. Peluso stated that the guides are too large. This will be decided upon next month as well.

Committee Reports:

- a. Education & Awareness: Mr. Peluso stated that a Suicide Prevention training is next month in Helena. The CSAA is asking for 2 people from 15 counties to send. He requested feedback on recommendations of these individuals for the 2-3 day program, including two overnights.

Major costs will be brought by the CSAA, however they are looking for additional funding from alternative sources for room and board.

- b. Children & Family: Ms. Veogele announced that the Children and Family are held on the fourth Monday at noon at Youth Dynamics. They are currently making an inventory/gap analysis for youth services.

Ms. Johnson announced that the Providence Center will be opening soon on Boot hill Court. They will be offering Mental Health Services for children and families.

Ms. Hume stated that we have \$3,044.01 in LAC funds available.