



MENTAL HEALTH LOCAL ADVISORY COUNCIL

Meeting Minutes – February 11th 2019

Voting Members Present: Nancy Filbin, Shirley Kaufman, Dr. Donna Kelsch, Lori Reynolds, Michael Foust, Vickie Groeneweg, Shelly Johnson, Joe Skinner, Breanna Hume

Non-Voting Members present: Danica Jamison, Jessica Ruiz, Rowen Schuler, Jenna Rhoads, Denise Albrecht

Voting Members Absent: Susan Gregory, Molly Basta, Renee McLendon, Alicia Smith, Tom Peluso, Matt Kelley, I Ho Pomeroy, Chelsey Pengra, Chelsey Voegelé, Andrea Lower, Hannah Wilson, Cyndi Schoep

Staff: Sarah Gracey

Welcome and Introductions: Several members were attending the CIT training, and not able to be present.

Approval of Minutes for January 14th, 2019. Ms. Jamison requested the minutes reflect her as a non-voting member during the January 14, 2019 meeting. Dr. Kelsch and Ms. Reynolds were present. **Ms. Johnson made a motion to approve the minutes with the proposed changes. Ms. Kaufman seconded the motion. All voted aye. Motion carried.**

Public Comment:

- a. Ms. Jamison passed out information on the 2-1-1 Awareness Day that volunteers will be distributing throughout the community this week. She advised that volunteers use the buddy system, and stay hydrated due to the cold weather. They have set a goal of 10,000 door tags to be hung on residencies, and flyers will be distributed to churches, schools, and Bozeman Deaconess. The Help Center is the call hub for the 2-1-1 information line, and services the 13 counties in the southwestern Montana area. There will be an orientation at 1pm today following the MHLAC meeting, to discuss mapping for the canvas distribution. Ace Hardware and Printing For Less are working on this as they were affected by suicide this month. All proceeds will go to the Help Center.

Short Announcement and Updates:

- a. Mr. Gale reported that the Community Connect Point in Time Surveys showed 85 people used quite a few services at the Bozeman Library. These services include Love, Inc., and Family Promise. Very good conversations were had with people struggling in the community. The National Strategy for Preventing Veteran Suicide will post a newsletter covering this survey. Mr. Gale also reported that there are seven drug take back boxes in the county.
- b. Ms. Kaufman stated that CSAA has very little turn out due to Federal budget cuts, and attendance is low. Budget approval of \$22,000 will be distributed to the Gallatin County, Lewis & Clark County, and Cascade County Local Advisory Council's. CSAA has set a goal of having a state wide strategic plan for mental, and would like to have all LAC's involved. Ms. Kaufman will keep the Gallatin County LAC informed on how we will form the strategic plan. CSAA is interested in the 2-1-1 information line. Park County is getting more active and wanted information on when and where our meetings were taking place.

- c. Mr. Foust explained that families are in crisis, not just individuals. We forget how impactful these issues are when affecting the whole family. We are creating a systems of fighting instead of help. Ms. Kaufman included that this is happening with CSAA and suicide.
- d. Ms. Reynolds discussed the Momo online game, which starts as an innocent challenge game, and then escalates from simple, then bad, then dangerous, and finally to possible suicide. This game is reaching out unsolicited to children, however there is no official data linked to Momo and suicide attempts. Mr. Foust answered that the state is looking at what is the best way on how to create a good behavior game that will teach better contributions to society. Using this development as a frame work is being used in Thompson falls, where students get credit for attending. Currently, the education is good behavior is to obey. Cyber Security Evaluation Tool (CSET) is asking four questions. 1) Did they make any progress? 2) Did they go to the principle office? 3) Did they get suspended? 4) Did they interface with the police? It should be a better construct rather than just being good behavior. We need to be careful on how we continue to push this conversation forward. Ms. Reynolds stated that the other problem is drug issue. Kids are being given what they think is an opioid and it is a deadly dose of fentanyl. Mr. Gale confirmed that most kids are using drugs by 12, so by the time they are in high school, we are too late to educate on prevention. They want to push education back to the second grade regarding drugs and suicide. Ms. Johnson stated that there is currently no prevention person due to budget cuts. She will keep us posted.

Old Business:

- a. Ms. Groeneweg reported on the Legislative Luncheon. The City of Bozeman will be asked to partially sponsor the legislative luncheon. John Hill mentioned there is \$500 in the nursing/admin budget, and the remainder of \$1094.25 will be split between the LAC, and Bozeman Health Services. Ms. Jamison will create an invoice and talk with Bozeman NAMI about paying for half of the cost. If they are not willing to pay, then the LAC will cover the rest.
- b. \$4408.76 is in the account and available for the 2-1-1 project.

New Business:

There have been several requests for the new resource guides. Ms. Filbin stated that the committee should reconvene to review and update the information before it is printed. Ms. Jamison offered the United Way office as a location for the meeting to discuss the updates.

Ms. Kaufman stated that she will contact the Bozeman Daily Chronicle to print the resource guides at cost, but we will not insert in the paper. Ms. Filbin requested that since the Chronicle took care of us on this project, we should send it out annually. Ms. Kaufman will talk to her contacts at the Chronicle on how best to get this done. Ms. Hume requested this be discussed at the March LAC meeting.

Community Reports:

Criminal Justice: This meeting was held, but no members were present who attended. Ms. Hume read through the attached minutes, and reviewed for the group. Mr. Foust discussed on how we are working to better assist our neighbors. The biggest issue is fear with people who are having a mental health crisis. They don't want to call 911, and responders are afraid of what to do on these calls. The group decided the way to reduce fear is from the front door to the living room. Group will come into the home with a community based therapist, peer, and then hopefully a community paramedic. In reducing fear, we hope to reduce crisis. If we help someone with a lower level crisis, we can prevent someone from going to the Emergency Room,

or Hope House. With the right pieces in place, we could eliminate the need for Hope House. We hope to care for as many Gallatin County members who need mental health help as we can. This pilot program will run out of funding in six months. Grants are being written, and hopefully will find more funding from city/county. There is a Memorandum of Understanding with other departments for a partnership for 24/7 help. The goal is to cover the hotspots in times during the day when people are calling in the most. Medicaid may help to cover this cost. Mr. Gale stated that the library has a Community Resource Center and sees 1000 people per day. A grant is out for where PBS to be a community resource center. Hope house could be turned into a detox center, instead of drop-in care. This could take the pressure off the Emergency Room, and work toward social vs. medical detox. We are already detoxing people at Hope House just without rules.

Co-Occurring: Ms. Johnson reported on the Annual Behavioral Alliance Meeting. A husband and wife from Hamilton, MT, gave a very emotional presentation about their son who had just committed suicide, and presented his ashes. They spoke about how he was treated with his diagnosis of schizophrenia. He was taken away from his parents and placed in the state hospital. There is a vast difference on how the United States treats mental health patients compared to other countries.

Legislative: Mr. Foust has not met with Mr. Peluso to discuss legislative issues.

Children and Family: Dr. Kelsch has not met with her committee.

Education and Awareness: Ms. Reynolds needs committee members.