



MENTAL HEALTH LOCAL ADVISORY COUNCIL

Meeting Minutes – July 9th 2018

Voting Members Present: Nancy Filbin, Susan Gregory, Deborah McAtee, Tom Peluso, Lori Reynolds, Michael Foust, Commissioner Joe Skinner, Commissioner I Ho Pomeroy, Chelsea Pengra, Chelsey Voegelé, Dr. Donna Kelsch, Renee McLendon, Shelly Johnson, Breanna Hume, Shirley Kaufman

Non-Voting Members present: Rebecca Adams, Rick Gale, Edward Sypinski, Jessica Seekins, Rowen Schuler, Jenna Rhoads, Denise Albrecht, Molly Basta, Coleen Tuccillo, Jennifer Walker, and Katelyn McAree

Voting Members Absent: Betty Strook, Vickie Groeneweg, Matt Kelley, Andrea Lower, Cyndi Schoep

Staff: Sarah Gracey

Chair McAtee called the meeting to order at 12:05 PM.

Introductions and Announcements: Ms. McAree will attend the next meeting as her last.

Approval of Minutes for June 11th: Ms. Pengra made a motion to approve the minutes as presented. Ms. Voegle seconded the motion. All voted aye. Motion carried unanimously.

Public Comment

- a. Mr. Sypinski stated that legislation has begun to incorporate mental health into education curriculum.
- b. Mr. Gale stated that the Veterans' Administration Suicide Prevention is a new collaboration with local and state government to the National Strategy to prevent veterans' suicide. Ms. McAtee requested the link to this site.

Announcements:

None

OLD BUSINESS

- a. Chair McAtee announced that the GCLAC has a Facebook page, and all updates should be sent to Molly Basta. Ms. Basta will prioritize local posts, events, and articles. Ms. Kaufman suggested including the resource guide.
- b. Ms. Asserson has not received any communication regarding DPHHS, and reminded the committee that any concerns for the state should go to Ms. Asserson or Ms. McAtee. Ms. Kaufman can provide a contact list for CSAA.

NEW BUSINESS

- a. Chair McAtee called for any suggestions or changes regarding the current bylaws. Mr. Peluso supports the current version. Ms. Reynolds asked if section 4 regarding absenteeism could be discussed. Chair McAtee explained this section is for unexcused absences where the

member has not communicated they will be gone, and are unengaged with the committee. All voted aye to not amend the bylaws at this time.

- b. Ms. Kaufman gave an update on CSAA. Attendance dropped from 40 to 8 attendees this year. White cards were voted through for \$500. Lewis & Clark County requested a digital copy of the resource guide to model their own version, and received \$4100 to print them. NAMI grants in the amount of \$5000 were awarded for free supplies and printing materials, and training stipends for trainers. Ms. Pengra will meet with Ms. Hume regarding the white cards after the meeting. White cards would provide medical information in case of a mental health crisis or need. Mr. Peluso suggested that thumb drives be used in addition to or in place of the white cards, and could be funded through the NAMI budget. Mr. Fause stated that crisis cards are going to be printed and need planning and design information. He will find the funding for a professional graphic designer. Chair McAtee suggested that this could be replicated across the state, so using a design professional is best practice. Ms. Hume suggested talking with the MSU Graphic Design School for students to help. Mr. Faust stated that \$2000 has been awarded for mental health first aid classes. The stipend will be used to pay the trainers travel costs, and incentive to show up. He will provide dates to post at the end of the month. Mr. Faust explained that the EECI's goal is to reduce the fear of being introduced in to the mental health system.
- c. Chair McAtee stated that her term is expiring, and she will be leaving the LAC as Chair in August. Ms. Filbin complemented Ms. McAtee as a wonderful chair, and stated that a lot of progress has been made. Mr. Peluso suggested that the committee take 30 days to consider who to nominate, and revisit the bylaws in August. Chair McAtee will run the August meeting. Ms. Kaufman's term is also expiring, and she will be gone this winter.
- d. Mr. Kelley stated the City-County Health Department will be able to host the LAC website. Chair McAtee can help set up the page, but someone needs to help feed updates to the Health Department. This page must be kept up to date to ensure the correct information is available to anyone seeking mental health resources. Ms. Hume suggested that items could be pulled from the monthly meetings, and this site could be a clearing house for all mental health information. The Health Department has people that can take care of 98% of what we have, and 110% of what we need. The design and content must be decided first, and then we can discuss with Mr. Kelley on how and when to get the information posted. Ms. Reynolds would like to start the setup and get as far as she can before handing this off to someone else. Chair McAtee called for a vote to pursue this project. All voted aye.

REPORTS

- a. Ms. Hume reported that the Criminal Justice Committee is meeting about the white cards after this meeting.
- b. Ms. Hume has met with Ms. Johnson regarding co-occurring disorder to update the PowerPoint presentation from 1995.
- c. Ms. Reynolds reported that the Education and Awareness Committee will meet on August 25th for the NAMI Family and Friends Seminar.
- d. Mr. Peluso stated that it is premature to talk with legislators and thanked Chris Pope for attending the LAC meeting. Mr. Peluso stated that we should have a NAMI luncheon with local representatives and talk about legislative concerns to present to the state. Attendance would be higher if attendees knew they would be informed

rather than examined. Mr. Pope suggested having ideas in bullet point form to discuss easier. Mr. Sypinski added that a luncheon with MT Mental Health Association would be advantages as well. Jim Hamilton should be contacted for information about the state budget.

Meeting adjourned.

Next Meeting: August 13, 2018