

MENTAL HEALTH LOCAL ADVISORY COUNCIL

May 9, 2016 - MINUTES

In attendance: Members present: Nancy Filbin, Susan Gregory, Shirley Kaufman, Renee McLendon, Lori Reynolds, Susan Wordal, Jan Bjork, KC McLaughlin, Matt Kelley, Tonya Horn, and Commissioner Joe Skinner

Members absent: Sgt. Jim Anderson, Dr. Kelsch, Tammy Cutting, Tom Peluso, Vickie Groeneweg, Shelly Johnson and Anna Saverud

Advocacy Members present: Andrea Lower, Ellie Martin, Jaime Grundner, Chelsey Voegle, Rick Gale, Michelle Jermunson, and Rebecca Adams

Guests: Shawn Marie Aiken, Nancy Logan and Jennifer Pazera

Staff: Glenda Noyes

Welcome and Introductions

Public Comment: Ms. Grundner reported that she is resigning at the end of May. She is moving to Tennessee to be closer to family. The Mental Health Center has not hired a new Executive Director but will have an interim and interviews are planned to take place at the end of May. Ms. Kaufman stated that there was a CSAA meeting two weeks ago. A lot was accomplished and all of the LAC's in the region were represented. Everyone agreed that family involvement is at the top of the list for priorities. Getting proper help and lack of funding are close seconds. They are hoping to find funding for tele-skyping - psychiatrist doing tele-medicine. Mr. Gale stated that Resolve Montana is a program focusing on prescription drug abuse. They have an exhibit and there is a possibility of the display coming to Bozeman.

Approval of Minutes April 11, 2016: Ms. Bjork made a motion to approve the minutes as presented. Ms. McLaughlin seconded the motion. All voted aye. Motion carried unanimously.

Discussion and Decision re: Expenditure of CSAA Grant Funds: Ms. Noyes explained that the CSAA doesn't want LAC's "stockpiling" their grant funds each year. The LAC needs to have a plan for expenditure of each year's allocation. There will be additional money coming in later this summer. Ms. Reynolds stated that there is a group of young people living with mental illness that have started doing things together as a peer support group. It would be nice if they could receive some funds to go to movies and do other activities together. Chair Wordal suggested that they put together a non-profit status in

order to receive some of the funds. Ms. Kaufman stated that at the CSAA meeting they noted that the funds will be distributed at the end of the fiscal year (June 30). Ms. McLaughlin suggested that a subcommittee be created to develop a mini-grant process with deadlines and parameters. Ms. McLaughlin and Ms. Filbin agreed to take on this task. Ms. Lower reminded the group that before other legislative sessions the LAC has hosted a legislative luncheon and used some of the funds for that. Chair Wordal stated that the LAC could mirror the DUI Task Force mini-grant process, which also included a report on how the funds were spent and a press release acknowledging the source of funds following completion. Ms. Martin suggested that the applicants present to the group prior to being awarded funds as well. Ms. McLaughlin stated that we need to start this process with a mission statement. Chair Wordal stated that our mission is to promote, educate and provide awareness. Clarification of the mission statement will be on next month's meeting.

Progress Report from Renee McLendon re: Youth Work: Ms. McLendon stated that she has had several people volunteer to do articles for the month of May and beyond. At the end of May, she will send out an email about the effort for youth resources in the community. YAM - Youth Aware Mental Illness is an effort to bring suicide prevention into schools. This is planned to start in August.

Mental Health Resource Guide Updates: Ms. Noyes routed two sizes. Chair Wordal stated that both sizes would be helpful as some places are more equipped for the smaller size but the larger is easier to read. It was suggested that the guide be inserted into the Chronicle. Ms. Noyes will research the costs to do this. Discussion took place regarding the formatting of the guide. Ms. Noyes asked the group to weigh in on alphabetizing or not, noting that Ms. McAtee suggested it should stay as is because the areas appear to be based on highest use. Chair Wordal asked for a show of hands on whether the areas should be alphabetized or not and the group agreed to alphabetizing within each area. Chair Wordal suggested adding websites where possible, especially for the critical areas. Mr. Kelley noted that the font is already small and suggested that most people would use Google to find the websites anyway. Chair Wordal suggested adding hyperlinks to the website version if possible. Ms. Martin stated that the printable version needs to be the same as the web version as the Mental Health Center prints the guide often to use. Chair Wordal suggested reducing the side of the "Available Resources" area on the inside and adding the websites to the bottom of that page. Ms. McLaughlin stated that her families are going to Google the names when they have time to research, but in a crisis they are going to make phone calls. It was suggested that perhaps therapist's names could be added. Ms. Martin stated that it would be very challenging to keep up to date on therapist's names and the Help Center is a good resource for this type of information ongoing. Discussion took place regarding listing each resource only one time. Ms. Vocele

stated that some areas have Gallatin and Park County separated but not all do and suggested that each area be uniform. It was agreed that once the areas are alphabetized, those agencies specifically in Livingston or Park County will be obvious, therefore eliminating the need for the distinction.

Discussion re: Committee Officers: Chair Wordal stated that if anyone has been assigned to a committee or wishes to be, they should email Glenda. She requested committee reports at the next meeting.

Other: Next agenda - Legislative discussion; committee reports. Ms. McLaughlin asked that an attorney be invited to present on domestic and child abuse cases in the near future and noted that May is National Foster Care month.

Next Meeting: June 13, 2016